



Rainforest

DISTRIBUTION

New Items April 2025



Northeast Region - CT / NJ / NY

North Atlantic Region - MA / ME / NH / RI

Mid-Atlantic Region - DC / DE / MD / KY / OH / PA / VA / WV

WE ♥ LOCAL



INDEX

Grocery

- [Dumpling Daughter](#)
- [Early Bird](#)
- [Harken Sweets](#)
- [Whims](#)

Entrees.....All regions
Cereals Cold.....MA & NE regions
Candy.....NE region
Candy.....All regions

Dairy

- [Cleveland Kraut](#)
- [Cocojune](#)

Fermented.....All regions
Yogurt.....All regions

Beverages

- [Cove Soda](#)
- [Wizzie's Tea](#)

SS Functional Beverages.....All regions
RTD Teas.....MA region

Frozen

- [Dumpling Daughter](#)
- [GoodPop Star Wars](#)
- [GoodPop Mickey Mouse](#)
- [New City Microcreamery](#)
- [Nightingale Inc](#)
- [The Brooklyn Hot Dog Company](#)
- [Yasso](#)

Entrees.....All regions
Desserts.....All regions
Desserts.....All regions
DessertsAll regions
Desserts.....All regions
Entrees.....MA region
Desserts.....All regions

DUMPLING DAUGHTER

From our founder, Nadia: “Dumpling Daughter was born two generations before me. My parents owned Boston’s most renowned fine dining Chinese restaurant, Sally Ling’s! Despite all the fancy food I enjoyed, my favorite food was mom’s home cooking and I often looked forward to an after school snack of steamed buns or a giant plate of dumplings. Dumplings became the essential comfort food of my childhood. I have since founded Dumpling Daughter, which serves many of my family’s most authentic time-tested dishes.” Today, Dumpling Daughter is a symbol of togetherness and our memories made with Chinese comfort food.



Locally made in MA

Clean and simple ingredients without sacrificing taste - made with no artificial colors, flavors or preservatives

Cook restaurant-quality, authentic family recipes at home

Proudly Minority (and Woman) Owned Company

Sauce: 365 days at production

Manufactured in Massachusetts

Contact:

Andrew Bellisano

Andrew@dumplingdaughter.com

www.dumplingdaughter.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
100108	8-50042-38219-6	Dumpling Daughter - Sichuan Sesame Sauce	6 / 8 oz	Dry	\$ 7.99

EARLY BIRD



We dish out wholesome sweet & salty goodness by baking our granola in tiny batches and using the three most integral ingredients at a cook’s disposal: olive oil, salt, and love! Each crunchy-salty-sweet mouthful is slow-roasted until it sings in perfect snacking harmony. By the handful, spoonful, or bagful, Early Bird granola serves up a tasty and toothsome treat :).



Gluten-free and Vegan

Women and Queer-owned and run business

Made with EVOO and plenty of salt and love

Celebrating 16 years in business

Small batch and excellent ingredients used

365 days at Production

Manufactured in NJ



Contact:
 Nekisia Davis
scoop@earlybirdfoods.com
www.earlybirdfoods.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
122100	8-94669-44068	Early Bird - Open Sesame Granola w/ sliced almonds, fennel, and sesame	12 / 12 oz	Dry	\$ 13.89

Harken

Created by a lifelong Snickers obsessive who had to change her diet after a diagnosis related to colon cancer turned her life upside down, Harken’s mission is to give people a reason to love candy again. We aim to change people’s lives through the power of Food as Medicine by offering the first ever TRULY better-for-you functional candy bar. We use date caramel to bring you the same delicious, nostalgic taste as classic candy bars, now reimagined with clean ingredients!



No added sugar

Naturally sweetened with dates

Only 65 to 70 calories per bar

Rich in Fiber – each bar has the equivalent fiber of 5 cups of kale!

Clean Ingredients

Bringing shoppers back to the candy aisle and driving growth in the category

212 days at production

Manufactured in IL



Contact:

Whitney Hemy

sales@harkensweets.com

www.harkensweets.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
117220	8-10124-75121-0	Harken Sweets - The Lil Nutty Ones	6 / 3 oz	Dry	\$ 9.49
117221	8-10124-75122-7	Harken Sweets - The Lil Gooey Ones	6 / 3 oz	Dry	\$ 9.49
117222	8-10124-75123-4	Harken Sweets - The Lil Crunchy Ones	6 / 3 oz	Dry	\$ 9.49
117223	8-10124-75124-1	Harken Sweets - The Lil Coconutty Ones	6 / 3 oz	Dry	\$ 9.49

WHIMS

WHIMS is reimagining chocolate confectionery with one mission: creating better treats without the sugar overload. After an autoimmune diagnosis, we struggled to find indulgent, low-sugar chocolate that actually tastes good—so we made it ourselves. With just 1g of sugar per piece, no sugar alcohols, and clean ingredients, WHIMS proves you don't have to choose between taste and wellness. Because chocolate should be delicious—without the junk.



Made with only 1 g of sugar.

No added sugars or sugar alcohols..

Gluten-free and dairy free.

No palm oil which is the #1 cause for Rainforest deforestation.

12 months at Production.

Manufactured in Sacramento and Chicago.

Contact:

Leanne Viola

rfd@whimsdelights.com

www.whimsdelights.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
101013	8-60012-06358-1	Whims - Dark Chocolate Peanut Butter Cups (Stand-Up Pouches)	6 / 80 gr	Dry	\$ 9.99
101023	8-60012-06359-8	Whims - Dark Chocolate Peanut Butter Cups (Grab & Go Box)	30 / 16 gr	Dry	\$ 1.99

Dairy Fermented



At Cleveland Kitchen, we have a passion for making fresh, flavorful, and gut-healthy fermented foods for all. Our high-quality ingredients are sourced from local Midwest farms and expertly crafted into world-class culinary fermented foods that are easily accessible and conveniently ready to enjoy!



Made with fresh, fermented veggies

Non-GMO

Vegan

Gut-healthy

300 days at Production

Manufactured in Cleveland, OH



Contact:

Tyler Schneider

tschneider@clevelandkitchen.com

www.clevelandkitchen.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
330210	8-83061-00057-4	Cleveland Kraut - Dill Pickle Kraut	6 / 16 oz	Cold	\$ 6.99

cocojune

What makes us really excited is creating something that brings happiness and well-being. To create something that people intuitively enjoy, that feels good and does good. We believe that food is an amazing medium for inspiring joy, connection and environmental change. We're idealistic about organic agriculture. To us, it is without a single scoop of doubt, the most responsible and earth-friendly way to grow our food. In short, organic agriculture is about working with nature instead of fighting it.



Made with real fruits and veggies

No added sugars, gums or flavors with probiotics shown to improve tummy health and immunity in little ones

DHA omega fatty acids to support brain health

Made from FSC-certified paper and bioplastic to be gentler on the earth

60 days at Production

Manufactured in Upstate New York



Contact:

Frederik Christensen

rfd@cocojune.co

www.cocojune.co

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
340473	8-50052-63017-1	Cocojune - Yogurt Coconut Protein Pineapple Yuzu Og	12 / 5 oz	Cold	\$ 2.99

Refrigerated Functional Beverage



From the kitchen to the farmers market, to stores nationwide—meet Cove, the first-ever zero-sugar, organic, full-flavor soda packed with 1 billion probiotics. Founded by two brothers in 2017, Cove started with a simple idea: ditch the sugar, keep the flavor. Growing up, soda was a rare treat, tied to our most cherished memories, and though we outgrew our soda fixation, the nostalgic craving remained. Tired of sugary drinks, we trusted our gut and created a soda that’s as functional as it is delicious. Join us as we make way for a new generation of soda drinkers!



0g of sugar

1 billion CFU probiotics that contribute to healthy gut flora

Colored, sweetened and flavored naturally

18 months at Production



Contact:

RFD@covedrinks.com

www.covesoda.com

Manufactured in Milwaukee, WI

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
200160	6-28308-14011-4	Cove Soda - Probiotic Cream Soda	12 / 12 fl oz	Dry	\$ 2.39
200161	6-28308-14010-7	Cove Soda - Probiotic Root Beer Soda	12 / 12 fl oz	Dry	\$ 2.39
200162	6-28308-14035-0	Cove Soda - Probiotic Raspberry Soda	12 / 12 fl oz	Dry	\$ 2.39
200163	6-28308-14009-1	Cove Soda - Probiotic Classic Cola Soda	12 / 12 fl oz	Dry	\$ 2.39
200164	6-28308-14029-9	Cove Soda - Probiotic Dr. Cove Soda	12 / 12 fl oz	Dry	\$ 2.39
200165	6-28308-14033-6	Cove Soda - Probiotic Grapefruit Soda	12 / 12 fl oz	Dry	\$ 2.39
200166	6-28250-84226-5	Cove Soda - Probiotic Cherry Soda	12 / 12 fl oz	Dry	\$ 2.39
200167	6-28308-14031-2	Cove Soda - Probiotic Ice Pop Soda	12 / 12 fl oz	Dry	\$ 2.39
200168	6-28250-84278-4	Cove Soda - Probiotic Lemon Lime Soda	12 / 12 fl oz	Dry	\$ 2.39
200169	6-28250-84280-7	Cove Soda - Probiotic Grape Soda	12 / 12 fl oz	Dry	\$ 2.39
200170	6-28250-84276-0	Cove Soda - Probiotic Orange Soda	12 / 12 fl oz	Dry	\$ 2.39

Wizzie's

fresh brewed tea

Welcome to the wonderful world of Wizzie's Tea! We are a three generation, women owned family business with a passion for tea and gratitude for community. Our original brews are crafted with quality Organic and Fair Trade ingredients. With their bold, juicy, and refreshing flavors, our iced teas can be enjoyed straight from the bottle or used as a cocktail mixer. Either way, they will tantalize your taste buds and leave no doubt why Wizzie's is truly Tea to Talk About™!



Fresh brewed iced teas crafted with pure fruit juices (4-27%) and botanicals.

Made with Fair Trade, Organic and high quality ingredients. Rich in antioxidants.

Never from concentrate. No artificial ingredients. 16oz glass bottle.

Three generation women owned, original family recipes.

360 days at Production

Manufactured in California.



Contact:

Ellie McCagg

rfd@wizziestea.com

www.wizziestea.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
288110	859721002035	Wizzie's Tea - Lemon Mint	12 / 16 fl oz	Dry	\$ 3.99

DUMPLING DAUGHTER

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Locally made in MA

Clean and simple ingredients without sacrificing taste - made with no artificial colors, flavors or preservatives

Cook restaurant-quality, authentic family recipes at home

Proudly Minority (and Woman) Owned Company

Frozen: 263 days at production

Manufactured in Massachusetts

Contact:

Andrew Bellisano

Andrew@dumplingdaughter.com

www.dumplingdaughter.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
500185	8-50042-38223-3	Dumpling Daughter - Crab Rangoons	6 / 7.2 oz	Freezer	\$ 10.99
500186	8-50042-38224-0	Dumpling Daughter -Scallion Pancakes	6 / 13.50 oz	Freezer	\$ 10.99

Frozen Dessert



At GoodPop, we're here for those who Crave a World of Good™. The refreshing fruit pops you're about to enjoy create everyday social good via responsible ingredient sourcing and our Pledge Good Foundation. We're plastic neutral and so much more. Proudly a Certified B Corp.



Star Wars GoodPop Green Apple Lightsabers are a 25-calorie snack you can feel GOOD about

Made from 100% organic fruit juices with no added sugar or artificial sweeteners

All the fun of a lightsaber duel without any harmful dyes

Top 9 Allergen Free

720 days at Production

Made in Texas



Contact:

Kate Kasch

kate@goodpop.com

www.goodpop.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
550412	8-56920-00594-2	GoodPop - Green Apple No Sugar Added Jr Pops	8 / 9.90 fl oz	Freezer	\$ 5.99

Frozen Dessert



At GoodPop, we're here for those who Crave a World of Good™. The refreshing fruit pops you're about to enjoy create everyday social good via responsible ingredient sourcing and our Pledge Good Foundation. We're plastic neutral and so much more. Proudly a Certified B Corp.



Disney Mickey Mouse Fudge n' Vanilla frozen dessert bars are a 100-calorie snack you can feel GOOD about

Smooth and creamy oatmilk pops flavored with Fair Trade vanilla

Rich chocolate shell creates a satisfying crunch reminiscent of your last Disney theme park visit

Top 9 Allergen Free

720 days at Production

Made in Texas



Contact:

Kate Kasch

kate@goodpop.com

www.goodpop.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
550414	8-56920-00595-9	GoodPop - Mickey Mouse Non-Dairy Bars	8 / 11.40 fl oz	Freezer	\$ 8.99

Frozen Dessert



Four friends challenged each other to create the best ice cream shop in the world. We travelled the globe in our search and after years of effort, we lovingly present to you New City Microcreamery ice cream! Massachusetts milk is steeped in flavor with whole ingredients at our downtown Hudson, MA location. When the taste has permeated every drop, we flash freeze it into ice cream with liquid nitrogen. The end result is the smoothest, creamiest, most flavorful frozen delight.



Scratch Made

Locally sourced dairy from New England

A minimum of 16.5% butterfat

Liquid Nitrogen used for the freezing process, creamiest texture, and best flavor capture

Packaging containers are made with 34% Post-Consumer Fiber

365 days at Production

Manufactured in Massachusetts

Contact:

Charlie Rodrigues-Hong

rfd@newcitymicrocreamery.com

www.newcitymicrocreamery.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
500114	8-60010-70123-2	New City Microcreamery - Tiramisu Ice Cream	8 / 14 oz	Freezer	\$ 8.99

Frozen Dessert



When Belgian chef Xavier came to Richmond, Virginia to open a restaurant, little did he know he'd meet his match in his meticulous and spunky Southern sous chef, Hannah. The two bonded over their love of cooking and really good food. Their love story was just the beginning, when Hannah started whipping up restaurant-quality ice cream sandwiches they knew they were onto something. Now the husband and wife team sandwich together their European roots, Southern charm and premium ice cream between freshly baked chewy cookies. Nightingale is proudly woman veteran-owned.



Woman & Veteran Owned

Chef Crafter, Clean Label

No Artificial Ingredients

14% butterfat small batch ice cream

Fresh baked cookies daily

Unique flavors & high-quality ingredients

Made in Richmond, VA

Contact:

Hannah Pollack

rfd@nightingaleicecream.com

www.nightingaleicecream.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
609157	8-50037-50736-8	Nightingale Inc. - (S) Lemon Meringue Pie	12 / 5.30 oz	Freezer	\$ 4.99
609158	8-50037-50737-5	Nightingale Inc. - (S) Just Peachy Crisp	12 / 5.20 oz	Freezer	\$ 4.99
609159	8-50037-50735-1	Nightingale Inc. - (S) Raspberry Croissant	12 / 5.30 oz	Freezer	\$ 4.99



Founded in 2012 and inspired by great food and New York culture, The Brooklyn Hot Dog Co. was created to give a classic New York staple the quality and love it deserves. Using fresh ingredients and leaving out fillers and nitrates, The Brooklyn Hot Dog Co.'s healthier option combines higher standards and great taste.



All Natural

No hormones or antibiotics

No artificial ingredients

No nitrates or nitrites added

6 months in freezer/30 days slacked out in refrigerator

Contact:

Tony Fragianni

tony@bkhdco.com

www.brooklynhotdogcompany.com

Manufactured in Brooklyn, New York

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
517102	91037-42296-5	The Brooklyn Hot Dog Company - Beef & Pork Hot Dogs	8 / 12 oz	Freezer	\$ 11.99
517103	91037-42297-2	The Brooklyn Hot Dog Company - Buffalo Chicken & Pork Hot Dogs	8 / 12 oz	Freezer	\$ 11.99
517104	91037-42298-9	The Brooklyn Hot Dog Company - Pepperoni Hot Dogs	8 / 12 oz	Freezer	\$ 11.99
517105	91037-42299-6	The Brooklyn Hot Dog Company - Gyro Hot Dogs	8 / 12 oz	Freezer	\$ 11.99



We're changing the frozen snack game from the inside. We took ice cream's delicious reputation and made it better with incredibly creamy frozen Greek yogurt, and all the crave worthy flavors and fixings the freezer aisle can handle. Yasso delivers the ridiculously , mind melting delicious experience we love about eating ice cream, without all the things we don't love about ice cream, you know , the extra calories, artificial ingredients and that feeling of regret. So, thanks for everything ice cream, but we'll take it from here.



Quality Ingredients. Low Calorie Snack

Made with creamy Greek yogurt and real fruit

Yasso Snack Bars -100 calories or less, 4-5 g protein

Yasso Chocolate Crunch Bars – 160 calories or less, 4-5 g protein

35 calories per poppable

Flavor is our utmost importance

547 days at Production

Manufactured in Illinois



Contact:

Tyler Sweet

Tyler.Sweet@Unilever.com

www.yasso.com

Item No.	UPC	Item Description	PK / SZ	Storage	SRP
503118	8-50001-97479-0	Yasso - Cherry Chocolate Crunch 8-4 Pk	8 / 10.6 oz	Freezer	\$ 6.99
503119	8-50001-97478-3	Yasso - Creamy Pineapple Coconut 8-4 Pk	8 / 14 oz	Freezer	\$ 6.99
503314	8-50001-97480-6	Yasso - Fudge Poppables 10 Piece	10 / 6.84 oz	Freezer	\$ 6.99